



San Diego Region SCCA

Track Day Event Supplemental Rules

Sports Car Club of America, Inc. Experiential Programs

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PHILOSOPHY: Track Days events provide an environment for drivers who simply want to increase the enjoyment of driving their vehicle. For most drivers all it takes to be a part is your safe street car, a valid driver's license and an approved helmet.

That's it. The goal is to give you a thrilling experience and stories to share, all from an environment which gives everyone a level to feel comfortable. It is not to give a high pressure experience and high stakes of "winning." Track Days events *are not races* - any on-track passes are limited to specific passing zones and only with a signal known as a "point-by."

You may request instruction while you're there. This instruction often comes in the form of how to safely enjoy driving yourself around the track, rather than how to drive at the limit. Think etiquette, how to learn a driving line, passing zones and general techniques – which may allow you to move from a novice to intermediate or advanced groupings, as you feel comfortable.

These rules are intended to assist the orderly conduct of a motorsports activity and are in no way a guarantee against injury or death to participants, spectators or others. Motorsports are inherently dangerous. You can reduce risk by driving well, by properly using superior safety gear, by paying attention, and by reporting unsatisfactory issues to the event officials.

There is a considerable gap between a minimum standard and the best protection that current technology can provide. It is recommended that seats, restraint systems, roll bars, and helmets meet the highest safety standards possible.

The entrant is responsible for ensuring that the vehicle being used is properly prepared for operation under elevated acceleration, braking and cornering forces. At time of registration, each entrant should have a Tech inspection sheet completed, signed and available. See Appendix A for a printable copy of the Tech Sheet.

San Diego SCCA Track Day Rules

- This event is held under the current [SCCA Track Day Event Rules](#) and these Supplemental Regulations. These Supplemental Regulations establish event-specific requirements and procedures in addition to the [SCCA Track Day Event Rules](#). Where permitted by the [SCCA Track Day Event Rules](#), these Supplemental Regulations may establish additional or more restrictive safety requirements.
- Everyone in attendance must properly follow applicable rules and regulations of the event.
- **Driver Requirements:**
 - All Drivers must hold a valid state driver's license.
 - All Drivers must have a current SCCA membership (weekend memberships are available).
 - All Drivers attend all mandatory drivers' meetings, classroom sessions, and debrief sessions.
 - All drivers must drive in a manner consistent with the safety nature of the event.
 - All drivers shall wear shoes which fully cover the foot while in any defined "hot area".
- **Passenger Requirements:**
 - Passengers allowed in accordance with Section 4 of the [SCCA Track Day Event Rules](#).
 - All Passengers must have a current SCCA membership (weekend memberships are available).
 - All Passengers shall wear shoes which fully cover the foot while in any defined "hot area".
- **Minor Requirements:**
 - All Participants 17 years old or younger must contact the San Diego SCCA Region event officials prior to the event.
 - Participation by minors is subject solely to the discretion of the San Diego SCCA Region event officials and is not guaranteed.
 - An SCCA Annual Minor Waiver is required.
 - A parent or guardian is required to be in the vehicle with a minor driver while in any defined "hot area".
- Allowed helmets are defined in Section II.4.1 of the [SCCA Track Day Event Rules](#).
- Passing zones and procedures will be defined by the operating officials and communicated to the participants during the drivers' meeting, or (de)briefing session.
- No driver, entrant, or crew may consume alcohol until all practice, racing, or track time for the entire event is finished for the day. Anyone who has consumed any alcohol on the day of an event, other than following the conclusion of activities, shall not participate on that day, may be excluded from the balance of the event, and may be penalized. Alcohol may not be consumed in the pits until after all the day's on-track activities are concluded.
- Drugs and performance impairing substances are prohibited at all times.
- There may be other activities on the property besides the event designated car track and if you want to participate in/at those events or activities, that is a separate registration with the venue or whatever group may be operating said activity that day.
- **ELIGIBILITY OF VEHICLES:**
 - All Drivers must fill out, sign, and file a vehicle tech sheet (appendix A) for each day of an event during check-in. (even if sharing a vehicle)
 - All participating vehicles must display a car number on both sides of the vehicle. Numbers must be at least 6 inches high, be of a contrasting color to the vehicle, and be clearly legible by event officials while the vehicle is on track.
 - All vehicles must provide factory original (or better) seats that are securely mounted, seatbelts (SFI or FIA rated are recommended), and roll over protection for both driver and passengers (if used).
 - Hardtop and Targa top vehicles are allowed.
 - Convertible vehicles requirements are defined in Section 2.2.2 of the [SCCA Track Day Event Rules](#).
 - Vehicles that are in compliance with SCCA Road Race, SCCA Solo2 or SCCA Time Trial rules are allowable.
 - The event designated safety steward has the right to deny vehicles participation at their discretion if they feel the vehicle does not meet SCCA safety requirements.



TECH SHEET

Complete this sheet before coming to the track and bring it with you.

Driver: _____ Run Group: _____ Car #: _____

Car Make: _____ Model: _____ Color: _____ Year: _____

The entrant/participant is responsible for the safety of his/her vehicle. Neither the tech inspectors, the event organizers, nor the sanctioning body will be held responsible for the safety of this vehicle. Have a qualified mechanic check over your car and make certain everything is in good working order for an event such as this. Event tech inspectors will inspect those items listed as required. Please have all the items listed above as required items out prior to entering the inspection line, along with this form.

DRIVER SAFETY

- _____ Helmet per section 4 of SCCA Track Day Rules
(Snell M/SA/SAH 2010 or newer, SFI, FIA)
- _____ Shoes must be solid and in reasonable condition
- _____ Seatbelts/Harness must be in good condition
- _____ A Proper ROLLBAR when it is required
(Per section 2 of SCCA Track Day Rules)
- _____ Rollbar padding
- _____ Seats bolted securely
- _____ Interior & trunk clear of loose items

BRAKES

- _____ Pads are less than half worn
- _____ Fluid is clear. Reservoir is full. Dot 4 recommended.
- _____ Pedal is firm
- _____ All Brake lights are working
- _____ Master Cylinder/Calipers are not leaking
- _____ Rotors have no cracks or discoloration

TIRES & WHEELS

- _____ Adequate tire tread, speed rating, good condition
- _____ All lug nuts present & torqued
- _____ Hubcaps removed
- _____ Wheels - No cracks or structural damage

SUSPENSION & STEERING

- _____ Wheel bearings - no play
- _____ Ball joints in good condition
- _____ No excessive steering play.
- _____ Shocks - no leaking

ENGINE & DRIVETRAIN

- _____ Check all fluid levels, belts, and hoses. Tighten all caps
- _____ No fluid leaks (oil, fuel, water)
- _____ Battery secured (no bungees)
- _____ Battery terminals covered
- _____ Overflow containers present
- _____ Exhaust system functional (may have to meet sound restrictions)
- _____ Throttle has quick, positive return
- _____ Fuel cap tightened

OTHER

- _____ Windshield has no large cracks
- _____ Windshield wipers function properly
- _____ Outside & Rear View mirrors
- _____ 6" Car numbers visible on both sides of car

Signature _____

Date _____